SWIM·A·THON
NAGE·O·THON

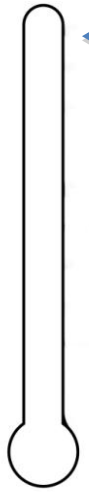
Your generous donation will help secure the future of our Arnprior Swim Club and will enable our swimmers to continue making waves.

ABSC SWIM-A-THON April 3-4-5 2018 at the Nick Smith Centre, Arnprior ON

SHORE-TO-SHORE!

This year's theme is "Shore to Shore". It is approximately 2.5km from the shores of Robert Simpson Park, across the mighty Ottawa River to the shores of Quebec. Our swimmers will be trying to swim twice that distance in the Arnprior pool within 2 hours.

200 lengths (5 km) or 2 hours



← My goal $ _____

Arnprior Bluefish Swim Club (ABSC) Swimmer Profile:

Name: _____

Age: _____ Years swimming: _____

Favourite Stroke: _____

SPONSOR	ADDRESS	CITY	POSTAL CODE	PHONE NUMBER	AMOUNT

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